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Foreword by Lisa Kudrow

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The BELOVED STAR OF FRIENDS takes us behind the scenes of the hit sitcom and his struggles with addiction in this "CANDID, DARKLY FUNNY...POIGNANT" memoir (*The New York Times*)

A MOST ANTICIPATED BOOK by *Time*, Associated Press, Goodreads, *USA Today*, and more!

"Hi, my name is Matthew, although you may know me by another name. My friends call me Matty. And I should be dead."

So begins the riveting story of acclaimed actor Matthew Perry, taking us along on his journey from childhood ambition

to fame to addiction and recovery in the aftermath of a life-threatening health scare. Before the frequent hospital visits and stints in rehab, there was five-year-old Matthew, who traveled from Montreal to Los Angeles, shuffling.....

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